

Body Focus 2 Stomach Thighs

Body Focus 2 Stomach Thighs - Find helpful customer reviews and review ratings for Body Focus 2 Stomach/Thighs/Buttocks [VHS] at Amazon.com. Read honest and unbiased product reviews from our users. I'm super skinny in my upper half of my body and calves ... It can be around the stomach, thighs, ... Focus on those three things and you will lose weight ... Welcome to the 6-Week Body Toning Bootcamp! ... LEGS FOCUS // 6-Week Body Toning Bootcamp #4 - Duration: ... Hips Butt 'n Thighs Super Shaper Workout ... If your "trouble spots" are your lower stomach and inner thighs, you're in good company; most women store excess fat in their lower body, so flat lower abs and trim ...